

NASSR 2017 Guide to Eating and Drinking in Ottawa

Reasonably-priced lunch options within a 5-10 minute walk from the Delta:

Bier Markt: 156 Sparks St. Lively pub, outdoor seating, good pub fare.

<http://www.thebiermarkt.com/location/detail/7>

Bread & Sons Bakery. 195 Bank St. Busy lunch spot – amazing sandwiches, salads, thin crust pizza, coffee and lattes. Vegetarian options.

<http://www.breadandsons.ca/>

Bridgehead: Two locations close to Delta. 109 Bank St and 344 Slater St. Local fair-trade coffee chain that has healthy and tasty “grab and go” lunch options: veggie sandwiches, wraps, salads, etc.

<https://www.bridgehead.ca/>

The 3 Brewers: 240 Sparks St. Busy pub, part of chain, large menu, outdoor patio.

<https://www.les3brasseurs.ca/locations/3-brewers-sparks>

D’Arcy McGee’s: 44 Sparks St. Convivial Irish pub, traditional fare.

<http://darcymcgees.com/>

Good Eats: 388 Albert St. Across the street from the Delta. Breakfast and lunch options, including tasty vegan and gluten-free menu items. Sandwiches and salads. Not open for dinner.

<http://good-eats.ca/>

Green Rebel: 340 Albert St. Around the corner from the Delta. Healthy salads, rice boxes, sandwiches, smoothies. Open 7 am-4 pm. Closed Sat & Sun.

<http://www.greenrebel.ca/>

Mystiko Greek Kitchen. 281 Kent St. Casual local eatery, generous portions, home-style cooking.

Rice and Roll Sushi: 234 Queen St. (between Kent and Bank)

Riviera. 62 Sparks St. Sophisticated spot, contemporary cuisine in attractively renovated bank. Some bar seating. Expensive. (\$\$\$)

<http://www.dineriviera.com/>

Royal Oak. 180 Kent St. A quieter member of local chain, large patio.

<http://royaloakpubs.com/>

Sansotei Ramen. 153 Bank St. Outpost of a popular Toronto-based ramen chain.

<http://www.sansotei.com/>

Spin Kitchen. 100 Kent St. Salads, burgers, sandwiches.

<http://www.spinkitchenbar.com/>

Sushigo: 340 Albert St.

<https://sushigoexpress.com/menu/>

Tim Hortons: 330 Queen St. Canadian coffee shop & donut chain that serves decent sandwiches, soup, and of course, donuts. Around the corner from the Delta.

Whalesbone on Kent. 504A Kent St. 15-min walk from hotel. Oyster & fish retail outlet, sibling of two restaurants on Bank and Elgin (see dinner listings). Serves a famous brown bag lunch Tues through Sat, 11:30-2:00.

<https://www.thewhalesbone.com/the-whalesbone-kent-st/>

Coffee Shops:

Bread & Sons Bakery. 195 Bank St.

<http://www.breadandsons.ca/>

Bridgehead: 109 Bank St and 344 Slater St. Local fair-trade coffee shop with several locations.

<https://www.bridgehead.ca/>

Morning Owl: 139 Bank St. Independent coffee shop about a 10-minute walk from the hotel.

<https://www.morningowl.ca/>

Starbucks: 340 Albert St (at Kent) and 100 Kent St (at Queen). Both are around corner from Delta hotel.

Second Cup: 123 Bank St.

Best Lunch and Brunch in Ottawa:

Art-Is-In Boulangerie. 250 City Centre Ave, Unit 112. Less than a 5-minute cab ride (20-min walk) from the hotel. Some say best croissants outside of Paris. Lots of truly mouth-watering brunch and lunch options, including salads and sandwiches. Breakfast/brunch/lunch only. No reservations.

<http://www.artisimbakery.com/>

Dinner – between a 15-30 minute walk, or a short cab ride from hotel

Albion Rooms: 33 Nicholas St. Gastropub/upscale grub - oysters, charcuterie, small plates.

<http://thealbionrooms.com/#>

A'roma Small Plates and Wine. 239 Nepean St. Mediterranean. Inventive small plates to share, warm ambience. Larger room in back.

<http://www.aromameze.com/>

Beckta. 150 Elgin St. Fine dining in a restored Victorian house. Relaxing setting, excellent contemporary cuisine. Prix fixe, tasting menu. Expensive. \$\$\$
<http://www.beckta.com/>

Citizen: 207 Gilmour St. Casual, small plates, vegetable-focused, cosmopolitan, innovative menu. Popular recent addition to Ottawa restaurant scene. Sibling restaurant of Town.
<http://townlovesyou.com/citizen/>

Datsun. 380 Elgin St. Upmarket Asian street food, known for its steamed buns and dumplings, next door to sibling restaurant *El Camino*. Get there early or late. Excellent food. Affordable.
<http://eatdatsun.com/> \$

El Camino. 380 Elgin St. Contemporary Mexican, cocktails, best tacos in town. Busy spot. No reservations. Affordable. A second location just opened in Byward Market (see Market listings).
<http://eatelcamino.com/> \$

Fairouz. 343 Somerset West. Innovative contemporary Middle Eastern cuisine. Beautiful venue in old house, highly rated and books up quickly. Expensive. <https://www.fairouz.ca/> \$\$\$

Fauna. 425 Bank St. Creative tip-to-tail cuisine, gorgeous room, small plates. Reservations a must.
<http://www.faunaottawa.ca/>

The Manx. 370 Elgin St. Cozy artsy pub in basement, superior pub-grub, good craft beer selection, sometimes live music. Longstanding local fave.
<http://manxpub.com/>

Mill St. Brewery. 555 Wellington St. Brew pub with decent grub in lovely, off the beaten-track setting in an old mill overlooking the Ottawa river. Patio. 10-min walk from hotel.
<http://millstreetbrewery.com/ottawa-brew-pub/>

North and Navy. 226 Nepean St. North Italian cuisine. Cicheti, unusual pasta dishes, menu varies. Comfortable, buzzy place with good bar seating. Reservations a must. Expensive. \$\$\$
<http://northandnavy.com/>

Pancho Villa. 361 Elgin St. Traditional Mexican, generous portions, patio.

Prohibition. 337 Somerset West. Gastro pub with large veranda, good ambience.
<https://www.prohibitionhouse.com/home>

Pure Kitchen. 340 Elgin. Delicious and healthy vegetarian and vegan food. Green juice on the menu. Affordable.
<http://www.purekitchenottawa.com/>

Riviera. 62 Sparks St. Sophisticated spot, contemporary cuisine in renovated former bank. Some bar seating. Reservations a must. Expensive. \$\$\$
<http://www.dineriviera.com/>

Tavern on the Hill. 1223 Alexandra Bridge. At the north end of Major's Hill Park, behind Chateau Laurier. A seasonal outdoor canteen, patio, and ice cream shop serving gourmet hot dogs, local craft beer, and wine. Best views of the city.

<https://www.tavernonthehillottawa.com/>

Town. 296 Elgin St. Warm, friendly, small plates, more meat-heavy than its sibling restaurant Citizen.

<http://www.townlovesyou.ca/>

Union 613. 315 Somerset West. Southern food, creative cocktails, warm atmosphere, communal tables. Popular venue. \$\$

<http://www.union613.ca/>

Whalesbone Oyster House. 430 Bank St. Cozy bar/eatery known for its oysters and fish dishes. Very popular. Expensive. \$\$\$

<https://www.thewhalesbone.com/the-whalesbone-bank-st/>

Whalesbone 231 Elgin St. Larger sister restaurant to the original *Whalesbone*, similar but expanded menu, spacious room, very buzzy. Reservations necessary. Expensive. \$\$\$

<https://www.thewhalesbone.com/the-whalesbone-elgin-st/>

Further from hotel, slightly longer cab ride, but worth the trek:

Bar Laurel: 1087 Wellington St. West. Authentic Spanish tapas and small plates. Very popular. Reservations necessary. \$\$

<http://www.barlaurel.ca/>

The Belmont. 1169 Bank St. Neighbourhood boîte, casual, great vibe, limited but eclectic menu. Affordable mid-range menu.

<http://www.belmontottawa.com/>

Elmdale Tavern. 1084 Wellington St. West. Former dive bar built in 1934 converted into casual hangout serving high-quality food. Menu skews toward fish and seafood. Raw bar. Excellent local craft beer. \$\$

<http://www.elmdaletavern.com/>

Soif. 88 rue Montcalm. Across the bridge in Gatineau, Quebec. Award-winning sommelier. Charming, converted old house. Small plates, amazing charcuterie and lots of Quebec cheese.

<http://www.soifbaravin.ca/>

Supply and Demand: 1335 Wellington St. West. Raw bar, seafood, and best kale salad in town. One of Ottawa's very best, in our humble opinion.

<http://www.supplyanddemandfoods.ca/>

The Byward Market

The Byward Market is a 25-30 min walk / 5-min cab ride from the Delta with piles of bars and restaurants. Touristy, but there are some interesting spots. A few recommendations:

Brother's Beer Bistro. 366 Dalhousie. Reliable, upscale pub grub & huge selection of craft beer.
<http://www.brothersbeerbistro.ca/>

Chez Lucien. 137 Murray St. Easily the most distinctive and interesting pub in the Byward Market. Amazing vibe, very good eats, local & import craft beer.
<http://chezlucien.ca/>

El Camino. 81 Clarence St. Just-opened second location of the popular Elgin St restaurant. Two patios, street-level and rooftop. Bustling.

Sidedoor. 18b York St. Asian-inspired small plates, good for groups, pleasant setting.
<https://sidedoorrestaurant.com/dinner>

Social. 537 Sussex Drive. Elegant room, contemporary cuisine.
<http://www.social.ca/>

Sur-Lie. 110 Murray St. Contemporary French cuisine, attractive room with large patio in the back.
<http://surlierestaurant.ca/>

Places where graduate students in Ottawa like to eat, drink, and hang out:

Bar Robo. 692 Somerset St. West, in Chinatown. "Coffee/Cocktails/Snacks/Shows"
<http://barrobo.com/>

Chez Lucien. 137 Murray St. Easily the most distinctive pub in the Byward Market. Amazing vibe, very good eats. James Joyce readings on Sundays.
<http://chezlucien.ca/>

Common Eatery. 380 Elgin St. Above El Camino. Shared plates and craft cocktails.
<https://www.commoneatery.com/>

Copper Spirits. 325 Dalhousie. Rooftop bar with amazing view of the city in the new and buzzy Andaz Hotel.
<https://ottawa.andaz.hyatt.com/en/hotel/dining/copper-spirits-and-sights.html>

Elgin Beer Project. 391 Elgin St. New local craft beer spot with snacks, appetizers, small plates.
<http://elginbeerproject.com/>

Elmdale Tavern. 1084 Wellington St. West. Former dive bar converted into popular hangout. Menu skews toward fish and seafood. Raw bar. Craft beer.
<http://www.elmdaletavern.com/>

Hintonburg Public House. 1020 Wellington St. West. Good food, excellent taps in Hintonburg.
<http://www.hintonburgpublichouse.ca/>

Irene's. 885 Bank St. Longstanding pub in the Glebe neighbourhood. Live music.
<http://irenespub.ca/>

Lowertown Brewery. 73 York St. Newer brew pub in the Byward Market.
<http://www.lowertownbrewery.ca/>

The Manx. 370 Elgin St. Cozy artsy pub in basement, superior pub-grub, sometimes live music. Poetry readings. Longstanding local fave.
<http://manxpub.com/>

Mercury Lounge. 56 Byward Market. Live music.
<http://www.mercurylounge.com/>

Mill St. Brewery. 555 Wellington St. Brew pub with decent grub in lovely, off the beaten-track setting in an old mill overlooking the Ottawa river. Patio. Short walk from hotel.
<http://millstreetbrewery.com/ottawa-brew-pub/>

The Moonroom. 442 Preston. Little Italy hotspot known for its cocktails and bar snacks.

Pour Boy. 495 Somerset. “Centretown’s Worst Kept Secret.”
<http://www.pourboypub.com/>

Pub Italia. 434 ½ Preston St. Large, sprawling pub in Little Italy.
<http://www.pubitalia.ca/home.html>

Pressed. 750 Gladstone Ave. Coffeehouse and sandwich bar. Readings and live music.
<https://pressed-ottawa.com/>

The Standard. 360 Elgin St. Varied menu and lively spot on Elgin St. strip.
<http://www.thestandardtavern.com/>

House of Targ. 1077 Bank St. Homemade, delicious perogies, including vegan. Craft beer. Old-school pinball and arcade games. Live music. Quirky and fun.

Tooth and Nail Brewing Company. 3 Irving Ave. Newer brew pub in Hintonburg with bar snacks and charcuterie & cheese boards. Excellent taps, friendly knowledgeable staff.
<https://toothandnailbeer.com/>

Waller St. Brewing. 14 Waller St. Brew pub in Byward Market.
<http://www.wallerst.ca/>